

# **L**OCAL 598/CAW NEWSLETTER NUTRA 2000



October 4<sup>th</sup>, 2010

Dear Members:

Since my last newsletter, we had our quarterly meeting. Michelle Labbe was not available because she was off on compassionate leave.

We had a review of the last meeting and we did some brainstorming. We suggested more training for our new members. We also had a guest speak to us on Practical Work Stress Management. Lucio Fabris, who is a pharmacist and a colleague, showed us clips and told us about ways to relieve stress when at work.

On September 12<sup>th</sup>, I went to Port Elgin for a week-long course, which I enjoyed. The name of the course was Women's Activist. I met some really nice people and I learned a lot.

Our new Mine Mill Local 598/CAW Hall is now open and it is very nice. They are still organizing the offices; the security cameras are up and running and things are going well.

Mansour Mining employees are all back to work.

If you need help or someone to talk to, I am available at work and at home (983-2394). Michelle Labbe is also available (home 855-6787).

In Solidarity,  
Huguette Gagne, Unit Chair.  
Nutra 2000