

Laid off? We are Here to Help!

Worker Support Centre

Centre d'appui aux travailleurs

Au Chômage? Nous pouvons vous aider!



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Welcome! Laid off? We are here to help!

Resources available for workers affected by the recent downturn of the Economy:

- ✓ Referrals to Community Services
- ✓ Referrals to Employment Service Providers
- ✓ Peer Helper Support
- ✓ Non-Threatening & Supportive Environment
- ✓ Active Job Board Identifying Employment Opportunities
- ✓ Application Support
- ✓ Free Photocopy and Fax Services
- ✓ Computer Workstations with Free Internet Access
- ✓ Workshops and Information Sessions



Holiday Raffle



The Worker Support Centre will be having a raffle on Monday, December 21, 2009.

Please visit us before that date and register with the centre to have your name in the draw for grocery gift cards. Please come in and fill out your ballot!!

FOR THE KIDS

The Worker Support Centre will host a Colouring Contest for children (10 years old and under). Attached is the picture to be submitted to the Worker Support Centre for a chance to win a prize. Pictures can be dropped off anytime before December 21, 2009

*Happy Holidays
From the Employees at the
Worker Support Centre*

DIGITAL DIRT

Digital Dirt is defined as “Unflattering information or opinions that you may have written on blogs or in chat rooms that could come back and haunt you, for example in a job interview.” It also refers to information posted on the internet that someone else has correctly or incorrectly written about you on social networking sites.

Facts

- ◆ 86% of HR recruiters are using the internet to search for information about potential job candidates
- ◆ Over 44% have eliminated candidates because they have found unfavourable information online
- ◆ These statistics are 10% higher than the number of search engine disqualifications reported in 2007

Digital Dirt comes from information posted about you on sites such as Facebook, Twitter, Flickr, LinkedIn, Blogger, and MySpace

Some websites that dig deep into your past include:

- www.pipl.com
- www.wink.com
- www.trackle.com
- www.zoominfo.com
- www.yoname.com
- www.123people.com

Tips to bury your dirt:

- ◆ Cover up digital dirt by overwhelming it with positive information
- ◆ Start and update regularly a professional blog under your name and include positive information on it
- ◆ Delete accounts from social networking sites

Don't

- ◆ Post party pictures
- ◆ Complain or make negative remarks about your current job, boss or colleagues
- ◆ Gossip

Thanks to Patti Stirling from InternetWorking 2.0 for introducing us to this overview of Digital Dirt. She can be reached at internetworking20@gmail.com

MONTHLY HOT TIPS – Interview Checklist

- ✓ Research the company and the position
- ✓ Find out if you will be expected to complete any testing
- ✓ Know how long your interview will be so you can clear your schedule
- ✓ Bring copies of your resume to the interview
- ✓ Know where you are going for your interview and how you are getting there
- ✓ Bring copies of your references
- ✓ Bring copies of your certificates
- ✓ Bring a notepad and pen
- ✓ Shower; do not overuse perfume products
- ✓ Dress appropriately
- ✓ Go alone
- ✓ Arrive 10 minutes early
- ✓ Do not chew gum
- ✓ Do not smoke before entering an interview
- ✓ Introduce yourself with a handshake and a smile
- ✓ Maintain eye contact when answering a question
- ✓ Be positive and confident
- ✓ Avoid nervous habits
- ✓ Know what is on your resume
- ✓ Answer questions in full
- ✓ Do not make negative comments about your previous employer
- ✓ Have 2 questions prepared to ask at the end of the interview
- ✓ Thank everyone by name
- ✓ Send a thank you note within 2 hours

Employment Track Express

(ETE 0301)

ETE is offered through Academic Upgrading at Cambrian College as a project designed to provide support to laid-off and unemployed workers to:

- ✓ Acquire the basic computer skills needed for the job search
- ✓ Become familiar with Essential Skills and their importance in accessing new jobs
- ✓ Learn about Labour Market Information (LMI)
- ✓ Identify their skill gaps

The course takes 60 hours to complete and offers a flexible schedule. For more information & to register contact Nicole Bertrand at 566-8101 ext. 7573.

Computer Lab Hours are Monday-Friday 9:30am-2:00pm & Tuesday and Wednesday Evenings from 6:00pm-9:00pm

Community Profile:

TIM HORTONS FREE PUBLIC SKATING

Celebrate the Christmas holiday season with free public skating, compliments of your local Tim Hortons. Please visit the Tim Hortons nearest you for a schedule of dates and times.

PUBLIC SWIMMING HOLIDAY SCHEDULES

City of Greater Sudbury Pools offers special public swim sessions during the holidays. Please contact your community pool for schedules or see the Pools section in the Leisure Guide.

CHRISTMAS CONCERT

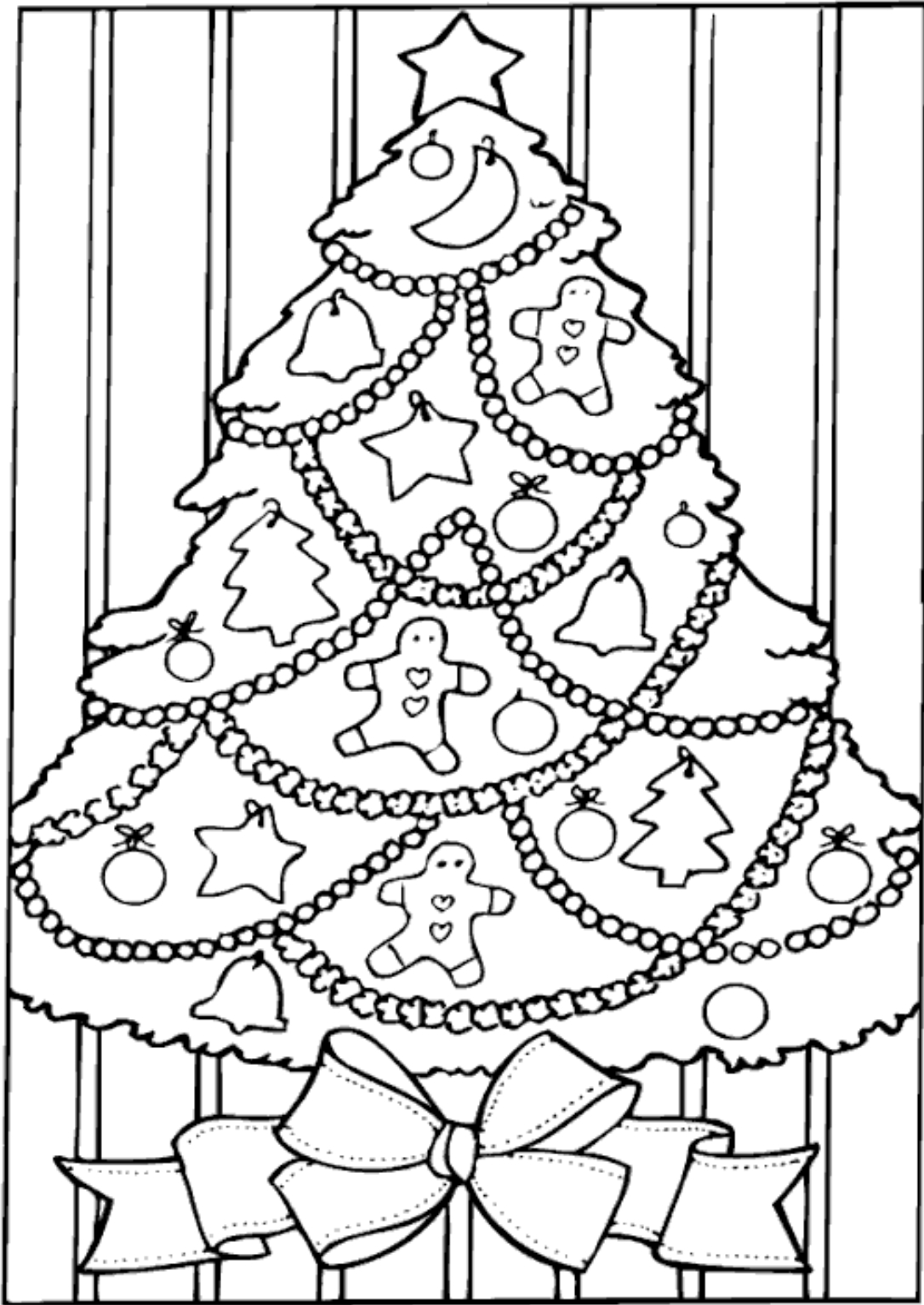
Everyone is welcome to the annual Christmas Concert at Tom Davies Square, 200 Brady Street, Sudbury on December 6th, 2009 from 12pm-3pm. Enjoy music of Swing Fever and special guests under the direction of Peter Schneider. Admission is free of charge. This concert is presented by the City of Greater Sudbury and the ParkSide Older Adult Centre.

For more information please see the 2009-2010 Fall/Winter Leisure Guide on the City of Greater Sudbury website www.greatersudbury.ca

Questions about E.I.?

Service Canada is available every Thursday from 8:30am – 4:00pm at the Centre
No appointment necessary!

KIDS COLOURING CONTEST



Name: _____ Phone: _____

Address: _____
Street City, Province Postal Code

Age: _____