

Laid off? We are Here to Help!

**Worker
Support
Centre**

**Centre
d'appui aux
travailleurs**

Au Chômage? Nous pouvons vous aider!

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957 Cambrian Heights Dr., Suite 200, Sudbury, ON P3C 5S5

Phone (705) 222 – 4118

Fax (705) 222 – 4961

Website www.workersupportcentre.com

CAW Coordinator ssabourin@workersupportcentre.com

ELC Coordinator halloran@workersupportcentre.com

*The Worker Support Centre is made possible by a grant from
the Government of Ontario*

Welcome! Laid off? We are here to help!

Resources available for workers affected by the recent down turn of the Economy:

- ✓ Referrals to Community Services
- ✓ Referrals to Employment Service Providers
- ✓ Peer Helper Support
- ✓ Non-Threatening & Supportive Environment
- ✓ Active Job Board Identifying Employment Opportunities
- ✓ Application Support
- ✓ Free Photocopy and Fax Services
- ✓ Computer Workstations with Free Internet Access
- ✓ Workshops and Information Sessions

WORKER SUPPORT CENTRE SKILLS LOTTERY

A skills lottery will be happening in April!!!

You must be a laid off worker and registered with the Centre to participate

For more details please call the Worker Support Centre at 222-4118 or stop in for a visit.



Canadian Mining and Industrial Exposition

The Canadian Mining and Industrial Exposition is considered Canada's leading mining trade show.

Come and see the latest technology from Canada and around the world!

The show consists of between 160 to 200 mining suppliers from around the world.

Expo 2010 takes place at the Exhibition Centre –
957 Falconbridge Rd., Sudbury

Wednesday, April 28th 12:00pm – 7:00pm

Thursday, April 29th 10:00am – 4:00pm

FREE REGISTRATION AND ATTENDANCE

FREE ADMISSION

Register free online at www.dacshows.com
or at the door.

For trade show information contact by:
Phone (705) 929-SHOW (7469) or
Email dac@vianet.ca

InfoMine now accessible at the Worker Support Centre!

- ✓ Find new mining jobs (through searches) internationally
- ✓ Register at the Worker Support Centre and provide an electronic copy of your resume to apply for positions through INFOMINE

HOT TIPS - 10 Things That Will Help You Get Hired

1. **Customize your resume and cover letter.** It might seem faster to send off generic material to dozens of employers, but this strategy is less effective in the long run. Tailor your resume and cover letter to each open position to clearly demonstrate how your experience meets the employers' requirements.
2. **Diversify your search.** If you've been responding to newspaper ads with no response, also post your resume online, search some job websites, talk to your friends, etc. The more networking you do, the more likely you are to connect with the right employer.
3. **Don't go solo.** Your friends, family and co-workers each have a network of their own and a friend-of-a-friend might hold the perfect lead.
4. **Find a company where you fit in.** Browse potential employers' websites and ask your friends about what it's like to work at those companies.
5. **Don't get discouraged.** Experts estimate the average job search to last between 3-10 months and that means a lot of rejection. Keep at it: Your dream job is out there.
6. **Always be prepared.** You can never be too prepared for your first meeting with a potential employer. Before your interview, always browse the company's website. Find out as much as you can about the company and prepare answers to common interview questions.
7. **Be on time.** Whether it's an informational interview, an open house or a formal interview, always arrive 10 minutes early. Allow plenty of time for traffic and poor weather.
8. **Dress and act the part.** In a business setting, always dress in professional and clean clothing. Take the industry and employer into consideration.
9. **Listen more than you talk.** Even if you're nervous at an interview, try not to ramble. You can learn valuable information about the company and avoid saying something that you'll wish you hadn't.
10. **Ask good questions.** At the end of an interview, the employer will inevitably ask if you have any questions. Have a list of questions prepared that showcase your company research and interest in the position.

Source: Kate Lorenz, CareerBuilder.com Editor



EDUCATIONAL & WORKPLACE TRAINING CENTRE
124 Cedar Street 4th floor, 677-0432

SVRC Educational & Workplace Training &
the Worker Support Centre are hosting:

FREE Computer Training

At the Worker Support Centre
Fridays: April 16th, 23rd, & 30th @ 1pm - 4pm

Gain BASIC Practical Computer Skills:

- How to navigate the Internet
- How to set-up an E-mail account
- How to find jobs on the computer/ searching the job bank
- How to retrieve your resume from a memory stick or your computer
- How to post your resume on Internet job search sites and Employer websites
- How to send your resume via E-mail for a job posting

Class size is limited so REGISTER now by calling the Worker Support Centre at 222-4118

Community Profile:

Feel Free to Feel Fit!

Are you searching for a fun activity that doesn't cost a bundle? Come together with your family and friends for free swimming at all City pools!

The City of Greater Sudbury is offering one free swim per week at each of its pools extended until **June 20, 2010**. That's right, no cost! Keep the following list on hand, and enjoy free outings throughout the Spring.

Gatchell Pool Saturdays - 3:00 p.m. to 4:30 p.m.
Howard Armstrong Fridays - 6:00 p.m. to 7:00 p.m.
Nickel District Pool Fridays - 6:30 p.m. to 8:00 p.m.
Onaping Falls Pool Saturdays - 1:00 p.m. to 3:00 p.m.
R.G. Dow Pool Sundays - 2:30 p.m. to 4:00 p.m.

Free transportation on Greater Sudbury Transit will be provided to each participant upon request after each free swim.

New Hours

Questions about E.I.?

Service Canada is available **Tuesday, April 6th, 2010**

(1st Tuesday of Every Month)

1:00pm – 4:00pm at the Worker Support Centre

No appointment necessary!